As the COVID-19 pandemic eases, the social isolation for many older people continues.

Since 2007, Friends for Life Bedfordshire volunteer befrienders have provided company to lonely older people in local care homes.

Older people are over 5 times more likely to be often lonely if they don't have someone to befriend them.*

1 in 3 older people in local care homes still need a befriender. With your support we can work together to end this loneliness.



It costs us **£**96 to train & insure a new befriender It costs £50,000 a year to run our befriending service We rely on gifts to provide our service & reach more residents in need



You can donate by cheque using the form overleaf. To give online, please visit: www.friendsforlifebedford.org.uk

Friends for Life Bedfordshire is a registered charity. Charity number: 1165730 Registered office: Room1 2nd Floor, 43 Bromham Road, Bedford MK40 2AA * Statistic taken from 'All the Lonely People: Loneliness in Later Life', 2018, Age UK



Gift Aid (please tick)

If you are a taxpayer, we can claim back 25p from the Government for every pound you give

Yes I would like you to claim Gift Aid on my donation

I want all donations I've made to you in the past four years and all donations in future to be treated as Gift Aid donations until I notify you otherwise.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

I would like to receive a standing order form for regular giving

(please tick)

I would like to be kept up-to-date on the impact of my donation

(please tick) Email

Post

st

Please send your donation to:

Fundraising Lead Friends for Life Bedfordshire Room 1 2nd Floor, Bromham Road, Bedford, MK40 2AA

